



Spanish & Portuguese Spine Societies Course Diploma

Module 3

Spinal Deformities



PROGRAMME





The Module 3 Spinal Deformities Course Diploma, Madrid, Spain, 13/11/2019 - 14/11/2019 has been accredited by the European Accreditation Council for Continuing Medical Education (EACCME®) with 12 European CME credits (ECMEC®s).

Each medical specialist should claim only those hours of credit that he/she actually spent in the educational activity.

Programme



QUICK FACTS

WHEN:

13-14 November 2019

WHERE:

Madrid. Spain

Course Venue:

Hotel AC La Finca P° del Club Deportivo, 1. Ed. 17 Parque empresarial La Finca Pozuelo de Alarcón, 28223 Madrid

Cad-Lab Workshops:

Universidad Francisco de Vitoria Carretera Pozuelo a Majadahonda, Km 1.800 Pozuelo de Alarcón, 28223 Madrid

REGISTRATION FEE:

800 € for Members

1000 € for Non Members

Discounts for GEER and SPPCV members are available. *Modules with a discount structure of 10% for 2 modules and 15% for 3 modules*

MAXIMUM ATTENDEES:

30 delegates

CME CREDITS:

Has been accredited by the European Accreditation Council for Continuing Medical Education (EACCME®) with 12 European CME credits (ECMEC®s)

LANGUAGE:

English, Spanish and Portuguese (*The speaking is in Spanish or Portugues, but the slides are in English, live discussions are also in Spanish-Portuguese without translation available*)

DRESS:

Casual

IMPORTANT NOTE:

- Attendance at every session is mandatory
- A wireless Internet device (mobile phone/ lpad/Computer) will be required to access on-line resources during the programme, please bring one with you

COURSE CHAIRMEN



Rafael González Díaz Spain



Jorge Mineiro Portugal

COURSE FACULTY

Jorge Alves

Julio Domenech Fernández

David Farrington Rueda

Pedro Fernandes

Nicomedes Fernández-Baillo

Simón Fuentes Caparrós

Rafael González Díaz

Raquel Lax Pérez

Antonio Martín Benlloch

Jorge Mineiro

Sonia Muñoz Donat

Jose Ramírez Villaescusa

Felisa Sánchez Mariscal Díaz

José Miguel Sánchez Márquez

Bruno Santiago

Diego Valverde Belda

Inmaculada Vilalta Vidal

CAD LAB CHAIRMEN

- Rafael González Díaz. Spain
- Felisa Sánchez-Mariscal Díaz. Spain

TARGET AUDIENCE

Senior trainees and trained surgeons, who are planning a career in spinal surgery.



LEARNING OUTCOMES SESSION 1 PRINCIPLES OF SPINAL DEFORMITY

SPINAL ALIGNMENT AND BALANCE

- Goals of surgery in the spinal deformity continuum
- Understand the concepts of alignment vs balance
- Know key spino-pelvic parameters and their limitations
- Understand the concept of spinal harmony
- Know compensation mechanisms

CASTING, BRACING AND THE ROLE OF REHABILITATION

- Justify the role of casting today
- Explain the pros and cons of different types of brace treatment
- Formulate principles of rehabilitation for patients with spine deformity, paediatric and adult
- Define the role of halo traction as definitive or interim treatment

PREOPERATIVE ASSESSMENT AND POSITIONING

- Record a comprehensive preoperative assessment
- Consider special issues including pulmonary, cardiac, hematological, nutritional and metabolic
- Position patients safely
- Explain the rationale to other team members
- Compare the purpose of prone, lateral and supine positions

INTRAOPERATIVE MONITORING

- Select appropriate types of monitoring
- Differentiate between SEP and MEP
- Perform a safe and reliable wake up test
- Recognise when a wake up test is required
- Respond appropriately when monitoring indicates intervention required

BLOOD SAVING

- Anticipate the factors affecting blood loss
- Recognize trigger points for transfusion
- Minimise the risks of homologous transfusion
- Outline the role of erythropoietin
- Compare the pros and cons of autologous transfusion, haemodilution, hypotensive anaesthesia, anti-fibrinolytic agents, intraoperative blood salvage

LEARNING OUTCOMES SESSION 2 ADOLESCENT IDIOPATHIC SCOLIOSIS

PATHOGENESIS AND NATURAL HISTORY OF AIS

- Know concepts of development of AIS and subsequent implications for surgical treatment
- Describe the natural history of AIS

CLASSIFICATION AND SURGICAL INDICATIONS

- Know the pertinent classification systems and their limitations
- Understand and formulate surgical indications
- Goals of surgery for AIS

SELECTION OF FUSION LEVELS

- Use classification to determine the end limits of fusion (Lenke)
- Understand factors which may determine fusion levels such as curve flexibility, adding on etc.
- Define the lower and upper limit of instrumentation

SURGICAL STRATEGY: POSTERIOR APPROACH

- Formulate principles of surgical correction of AIS
- Understand the role of the sagittal plane in AIS and for surgical correction
- Evaluate strategic surgical options
- Recognise indications for a posterior or combined approach

SURGICAL STRATEGY: ANTERIOR APPROACH

- Differentiate between anterior release, anterior fusion and anterior instrumentation
- Select appropriate approach for procedure
- Recognise indications for
 - anterior approach
 - anterior instrumentation



NEUROMUSCULAR SCOLIOSIS

- Describe the aetiology and prognostic factors associated with neuromuscular scoliosis
- Identify factors indicating progression or risk to neurological structures
- Evaluate management options
- Assess associated pulmonary and cardiac problems

CONGENITAL AND EARLY ONSET SCOLIOSIS (INCLUDING GROWING RODS)

- Relate the stages of development to deformities of the spinal cord
- Select appropriate investigations
- Evaluate treatment options

HYPERKYPHOSIS (CONGENITAL, SCHEUERMANN, ANKYLOSING SPONDYLITIS...)

- Differentiate between the aetiology and prognostic factors associated with regular and angular kyphosis
- Evaluate management options

LEARNING OUTCOMES SESSION 4 SPONDYLOLISTHESIS

PATHOGENESIS AND CLASSIFICATION

- Describe the pathogenesis and causes of developmental spondylolisthesis
- Differentiate between high- and low-grade spondylolisthesis
- Know current classification systems

SPONDYLOLYSIS, LOW-GRADE OLISTHESIS

- Understand patho-anatomic features
- Know surgical indications
- Select appropriate surgical technique

HIGH-GRADE SPONDYLOLISTHESIS

- Describe the patho-anatomy of high-grade spondylolisthesis
- Differentiate between balance and unbalanced olisthesis
- Know different surgical technique
- Understand the pros and cons of reduction vs. in situ fusion

LEARNING OUTCOMES SESSION 5 CAD LAB PREPARATION

PEDICLE SCREW GUIDANCE IN DEFORMITY

- Assess appropriate placement
- Minimise the risk of misplacement
- Balance the pros and cons of spinal navigation
- Assess the advantages and disadvantages of freehand probing

SACRO-PELVIC FIXATION

- Choose different options of sacro-pelvic fixation
- Describe surgical technique for CadLab

LEARNING OUTCOMES SESSION 6 CADAVER LABS

CAD LAB 1: ILLIO-SACRAL FIXATION: ILLIO-SACRAL SCREW PLACEMENT

- Identify key structures of the lumbo-sacral anatomy
- Identify the S1 screw entry points
- Relate anterior vascular structures and screw placement
- Prepare iliac screw holes
- Integrate safety measures and assess risks
- Place iliac instrumentation and connect to the lumbo-sacral construct

CAD LAB 2: THORACIC PEDICLE SCREW FIXATION & HYBRID SOLUTIONS

- Approach the posterior thoracic spine
- Identify anatomical screw entry points
- Anticipate the risks and pitfalls
- Perform free hand technique to prepare a screw hole
- Check integrity of screw hole by pedicle probe
- Place pedicle screw
- Prepare facet joint and place pedicle hook
- Place transverse process and lamina hooks

LEARNING OUTCOMES SESSION 7 ADULT SPINAL DEFORMITY

FROM THE DEGENERATIVE SPINE TO ADULT DEFORMITY

- Evaluate the lumbar spine in the context of spinal deformity
- Classify the continuum from the degenerative spine to deformity

ADULT IDIOPATHIC AND DEGENERATIVE DEFORMITIES

- Identify common problems associated with adult deformity
- Differentiate between idiopathic and degenerative (de novo) deformity
- Use spino-pelvic parameters to assess degenerative deformities
- Evaluate operative and non-operative options for different age groups
- Consider comorbidities associated with age
- Define surgical indications
- Assess patient expectation

PLANNING OF SURGICAL CORRECTION

- Formulate principles of surgical correction
- Plan surgical correction of adult spinal deformity
- Know current software planning tools
- Evaluate the appropriate techniques

SPINAL OSTEOTOMIES

- Justify the aim of osteotomy
- Differentiate between the different types of osteotomy (focus on posterior column and pedicle subtraction osteotomies, VCR and en bloc for advanced course)
- Technique of spinal osteotomies
- Outcomes and complications of spinal osteotomies

ANTERIOR-POSTERIOR TECHNIQUES

- Recognise indications for an anterior/lateral or combined with posterior approach
- Describe the amount of correction that can be achieved with each technique
- Know outcomes and complications of the different techniques/approach

Module 3: Spinal Deformities

Scientific Programme

Chairmen: Rafael González Díaz & Jorge Mineiro

Course attendance is mandatory

DAY 1. WEDNESDAY, 13 NOVEMBER

| TIME | TOPIC | FACULTY | |
|--|---|------------------------------|--|
| 08:00-08:20 | Course Registration | | |
| 08:20-08:35 | Introduction | Jorge Mineiro | |
| SESSION 1: PRINCIPLES OF SPINAL DEFORMITY AND SURGICAL TREATMENT | | | |
| 08:35-08:50 | Spinal Alignment and Balance | Felisa Sánchez Mariscal Díaz | |
| 08:50-09:10 | Casting, Bracing and Role of Rehabilitation | José Miguel Sánchez Márquez | |
| 09:10-09:25 | Preoperative Assessment and Positioning | Jorge Alves | |
| 09:25-09:40 | Intraoperative Monitoring | Bruno Santiago | |
| 09:40-09:50 | Blood Saving | Sonia Muñoz Donat | |
| 09:50-10:00 | Discussion | All Faculty | |
| 10:00-10:30 | Coffee Break | | |
| SESSION 2: ADOLESCENT IDIOPATHIC SCOLIOSIS | | | |
| 10:30-10:45 | Pathogenesis and Natural History of AIS | Jorge Alves | |
| 10:45-10:55 | Classification and Surgical Indications | Jose Miguel Sánchez Márquez | |
| 10:55-11:05 | Selection of Fusion Levels | Inmaculada Vilalta Vidal | |
| 11:05-11:20 | Surgical Strategy: Posterior Approach | Rafael González Díaz | |
| 11:20-11:35 | Surgical Strategy: Anterior Approach | Jorge Mineiro | |
| 11:35-11:45 | Discussion | All Faculty | |
| 11:45-12:30 | Case-Based Discussion | Raquel Lax Pérez | |
| 12:30-13:30 | Lunch | | |
| SESSION 3: SCOLIOSIS AND KYPHOSIS | | | |
| 13:30-13:50 | Neuromuscular Scoliosis | Simón Fuentes Caparrós | |
| 13:50-14:10 | Congenital and Early Onset Scoliosis (Including Growing Rods) | David Farrington Rueda | |
| 14:10-14:25 | Hyperkyphosis (Congenital, Scheuermann, Ankylosing Spondylitis) | Jorge Mineiro | |
| 14:25-14:40 | Surgical Strategy for Correcting Hyperkyphosis | Nicomedes Fernández-Baillo | |
| 14:40-14:50 | Discussion | All Faculty | |
| 14:50-15:20 | Case-Based Discussion | Jorge Alves | |
| 15:20-15:50 | Coffee Break | | |
| SESSION 4: SPONDYLOLISTHESIS | | | |
| 15:50-16:05 | Pathogenesis and Classification | Julio Domenech Fernández | |
| 16:05-16:20 | Spondylolysis and Low-Grade Olisthesis | Bruno Santiago | |
| 16:20-16:35 | High-Grade Spondylolisthesis | Rafael González Díaz | |
| 16:35-16:45 | Discussion | All Faculty | |
| 16:45-17:30 | Case-Based Discussion | Diego Valverde Belda | |
| SESSION 5: CAD LAB PREPARATION | | | |
| 17:30-17:45 | Pedicle Screw Guidance in Deformity | Simón Fuentes Caparrós | |
| 17:45-18:00 | Sacro-Pelvic Fixation | Antonio Martin Benlloch | |
| | | | |

END OF DAY 1



DAY 2. THURSDAY, 14 NOVEMBER

| TIME | TOPIC | FACULTY | |
|-----------------------------------|--|------------------------------|--|
| 09:00 | Attendance Signature and Coffee | | |
| SESSION 6: ADULT SPINAL DEFORMITY | | | |
| 09:30-09:50 | From Degenerative to Adult Deformity | Pedro Fernandes | |
| 09:50-10:10 | Adult Idiopathic and Degenerative Deformities | Felisa Sánchez Mariscal Díaz | |
| 10:10-10:30 | Planning of Surgical Correction | Jose Ramírez Villaescusa | |
| 10:30-10:50 | Spinal Osteotomies | Nicomedes Fernández-Baillo | |
| 10:50-11:10 | Anterior-Posterior Techniques | Pedro Fernandes | |
| 11:10-11:30 | Discussion | All Faculty | |
| 11:30-12:00 | Closing Remarks, Diploma and Mandatory Course Evaluation | Rafael González Díaz | |
| 12:00-13:00 | Lunch | | |
| 13:00-13:30 | Shuttle bus service to Universidad Francisco de Vitoria | | |
| SESSION 7: CADAVER LABS | | | |
| 13:30-13:45 | Go to the Lab | | |
| 13:45-15:30 | Group A: Pedicle Screw Guidance in Deformity | All Faculty | |
| 13:45-15:30 | Group B: Sacro-Pelvic Fixation | All Faculty | |
| 15:30-16:00 | Coffee Break | | |
| 16:00-17:45 | Group B: Pedicle Screw Guidance in Deformity | All Faculty | |
| 16:00-17:45 | Group A: Sacro-Pelvic Fixation | All Faculty | |

END OF MODULE

Sponsors











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Course Organisation

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